

In the words of the author "It may take some time to adjust to his vocabulary and to his style of thought, but the effort will bring us not merely to a better understanding of an obscure Buddhist monk, but of ourselves as well" (p.ix). Though the book *Sand and Pebbles* has no hidden purpose of moralizing, the anecdotes narrated with a sense of humour help one to have a better understanding of oneself and that itself makes it a very valuable contribution in the field of the study of religions.

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