

*Viṣṇu Purāṇa* to the *Bhagavata Purāṇa*, not only through the many-faceted development in the philosophical and theological comprehension of Krishna's divine nature, but also through the handling of various episodes in the life of Krishna" (p. 164).

The book is distinguished by clarity of expression, scientific methodology, and scholarly detachment, for which he rightly deserves praise. Daniel Ingalls writes: "The religion of Krishna is nowhere criticized by reference or comparison to the religion of Christ. . . Father Sheth is to be praised not only for the accuracy of his account but for the kindness and the respect with which he has traced the spiritual quest of others. His book bespeaks the charity as well as the scholarship of his Order" (p. xiii).

Devotion is a sure means of salvation. One of the remarkable features of the book is that it indicates even hate and fear and other emotions as means for salvation. "As Narada declares, many attain to Krishna by focusing their minds on him through various emotions: the herdswomen through passion, Kāṃsa through fear, Śiśupāla and other kings through hatred, the Vṛṣṇis through being related, the Pandavas through affection, and Narada through devotion" (pp. 153-54). The book is indeed a veritable contribution in the field of man's search for divinity in and through all his emotions.

**T. Kadankavil**

**Antony de Mello, S.J.**

*One Minute Wisdom*, Gujarat Sahitya Prakash, Gujarat, 1985, pp. xiii + 229.

This is a book of tales. It only takes a minute to read each of the anecdotes in the book. To justify the title the author quotes the question of a master: "How much time does it take to catch sight of the moon?" A fraction of a second? "Opening one's eyes may take a life time. Seeing is done in a flash." Such is the case with spiritual wisdom. The master and the disciple in these anecdotes are no historical persons, but any sage or wise man whom an aspirant of spiritual wisdom may approach. This wisdom belongs to East and West alike.

The language used by the master in these anecdotes is, indeed, baffling; or perhaps it may appear to be meaningless. The beauty of this book lies precisely in its ability to make the reader aware of an atmosphere of wisdom and silence which cannot be conveyed in human speech. The following two specimens will serve, to some extent, to reveal the nature of the book.